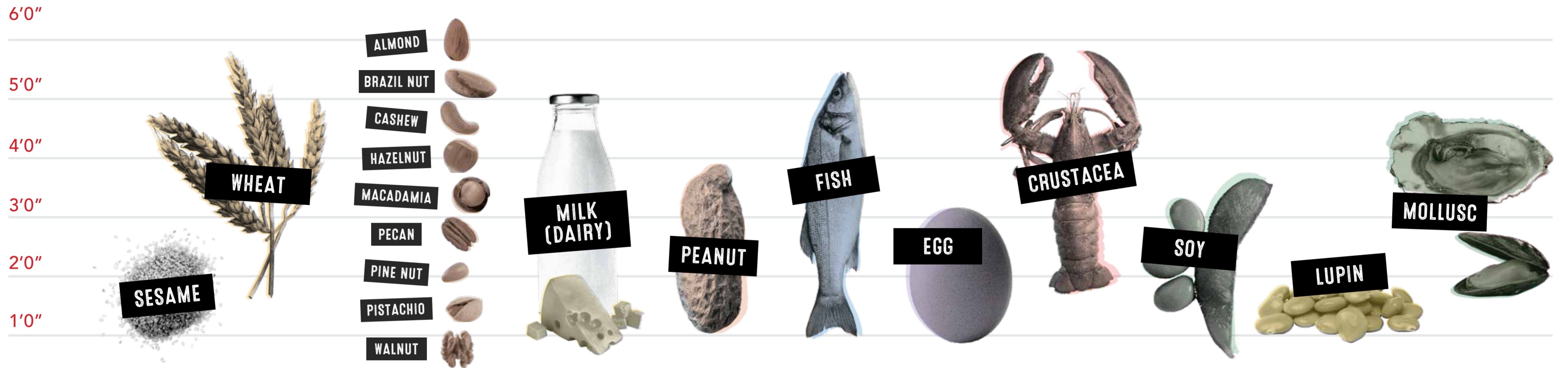


# THE USUAL SUSPECTS



## FOOD ALLERGY IS A SERIOUS ISSUE

- KNOW**  
WHAT'S IN YOUR FOOD
- 
- BE 100% TRUTHFUL**
- 
- PREPARE**  
FOOD SAFELY
- 
- UNDERSTAND**  
THE CONSEQUENCES

**WHAT TO DO IF A CUSTOMER HAS AN ALLERGIC REACTION**  
**CALL TRIPLE ZERO 000**

### WHILE WAITING FOR THE AMBULANCE TO ARRIVE

- 1** Lay person flat, do not allow them to stand or walk. If breathing is difficult allow to sit on the ground with legs outstretched.
- 2** Follow customer's ASCIA Action Plan for Anaphylaxis (if they have one) and administer adrenaline (epinephrine) injector following instructions on the Plan, if available.

DOWNLOAD YOUR FREE COPY OF THE ALLERGY AWARE CHECKLIST AND THE USUAL SUSPECTS POSTER FROM NSW FOOD AUTHORITY AT [WWW.FOODAUTHORITY.NSW.GOV.AU](http://WWW.FOODAUTHORITY.NSW.GOV.AU) OR PHONE 1300 552 406.

### FOR MORE DETAILED INFORMATION

Purchase Allergy & Anaphylaxis Australia's 'Food Service Kit' containing a detailed booklet, posters, food allergen cards and more from [www.allergyfacts.org.au](http://www.allergyfacts.org.au) or phone 1300 728 000.

**NSW Food Authority**  
[www.foodauthority.nsw.gov.au](http://www.foodauthority.nsw.gov.au)  
 1300 552 406

**Allergy & Anaphylaxis Australia**  
[www.allergyfacts.org.au](http://www.allergyfacts.org.au)  
 1300 728 000

**National Allergy Strategy**  
 FREE training for food service at  
[www.foodallergytraining.org.au](http://www.foodallergytraining.org.au)

